

Mental Health in Schools

Keeping Minds Healthy

Wisconsin School Mental Health Framework

Promoting Relationships, Engagement & Learning

Linking with Systems of Care

Appropriate Information Sharing
Continuous Communication Loop
Supported Navigation through Systems of Care
Wraparound Support
Family-Driven & Youth-Guided Planning

FEW

Counseling & Support Teams
Safety & Re-entry Plans
Seamless Referral & Follow-up Processes
Deepened Collaboration with Youth, Families, & Community Providers

SOME

Early Identification, Screening, & Progress Monitoring
Effective Individual & Group Interventions
Wellness Plans
Co-Planning Strategies with Students, Families & Community Providers

ALL

Relationship Building, Resiliency & Rich Social-Emotional Learning
Trauma Sensitive Practices
Mental Health & Wellness Education

Foundation

Integrating School Mental Health
with Positive Behavioral Interventions & Supports through:

1. Strong Universal Implementation
2. Integrated Leadership Teams
3. Youth-Family-School-Community Collaboration at all Levels
4. Culturally Responsive Evidence Based Practices
5. Data-Based Continuous Improvement
6. Positive School Culture & Climate
7. Staff Mental Health Attitudes, Competencies & Wellness
8. Systemic Professional Development & Implementation
9. Confidentiality & Mental Health Promotion Policies
10. Continuum of Supports

Establishing a Firm Foundation

- *Strong universal implementation*
- *Integrated leadership team*
- *Strong collaboration*
- *Culturally responsive practices*
- *Data based continuous improvement*
- *Positive school culture and climate*
- *Staff mental health and wellness*
- *Professional development*
- *Policy alignment*
- *Continuum of support*

Multi Leveled Systems of Support

Universal/Tier 1 -- ALL

*Relationship Building and Social Emotional Learning
Trauma Sensitive Practices
Mental Health and Wellness Education*

Targeted/ Tier 2 -- SOME

*Identification, screening and progress monitoring
Individual and group interventions
Co-planning strategies with students, families and community providers*

Selected/Tier 3 -- FEW

*Counseling and support teams
Seamless referral and follow up process
Deepened collaboration with youth, families and community providers*

OUR Systems of Supports

Mental Health Counseling
Highly Individualized Programming

Identifying, screening, progress monitoring
RtI -- SBIRT -- YMHFA -- YRBS
Counselors/Interventionists

Restorative practices -- Focus on relationships -- Second Step curriculum
DBT Steps A -- Adult SEL -- DPI modules/training -- Culture and Climate



INTEGRATED
COMPREHENSIVE
SYSTEMS FOR EQUITY™



Restorative
Practices

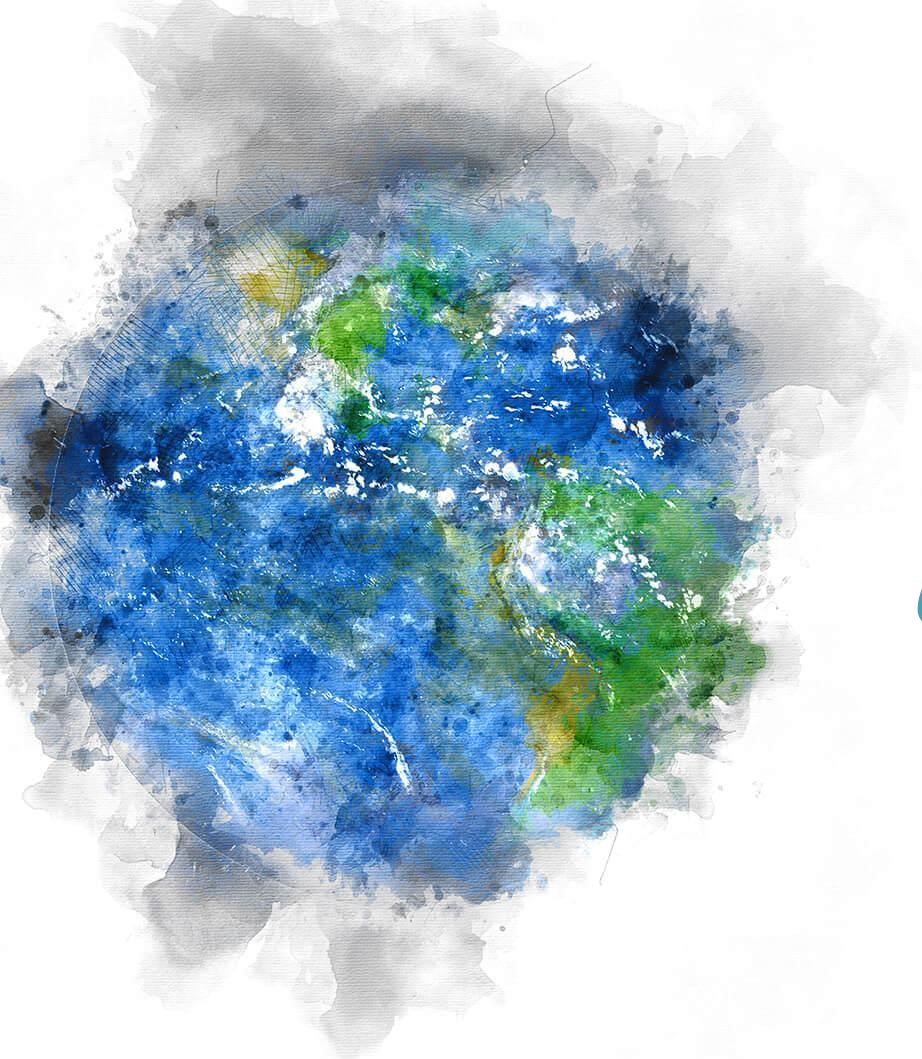
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2019-20 Focus Areas

- *Focus on building strong family and school-community partnerships that support students' social-emotional and mental health needs*
- *Continued professional development for all staff: awareness, strategies, and implementation of social-emotional learning and trauma-sensitive schools*
- *Focus on staff wellness*
- *Aligning school behavior-management practices to be student-centered, strengths-based, trauma sensitive, and culturally-responsive*
- *Integration of universally used techniques in the curriculum and education environment*





Thank you!
Questions for me?